

Patient Delivered Partner Therapy for Non-Gonococcal Urethritis (NGU) (Doxycycline 100mg #14)

PLEASE READ THIS VERY CAREFULLY

Why do I need to take this medicine?

Your sex partner was recently treated for non-gonococcal urethritis (NGU). NGU is a curable condition you can get from having sex with a person who has a sexually transmitted infection (STI). Many people with a STI do not know they have it because they feel okay and do not have any symptoms. However, if you do not take medicine to cure it, you can get very sick.

You could have a STI. It is important that you get treated. We want to be sure that you get the medicine you need as soon as possible. The best way to take care of yourself is to see your medical provider or come to City Clinic for a check-up and medicine. If you are not able to go to your provider or City Clinic within 1 week, you should take the medicine enclosed.

Is the medicine safe?

The medicine is very safe. However, you should talk to your doctor or come to City Clinic if you have any of the problems listed below. DO NOT take the medicine if:

- You are female and having lower belly pain, pain with sex, vomiting or fever.
- You are male and having pain or swelling in the testicle (balls) or fever.
- You have ever had a bad reaction, rash, or allergy to the tetracycline class of antibiotics including doxycycline, tetracycline or minocycline.
- You have a serious ongoing illness such as kidney, heart, or liver disease.
- You are taking other medicine that may interact with doxycycline.

How do I take the medicine?

- You will receive 14 100mg doxycycline pills.
- **Take one pill twice a day for 7 days** after eating (after breakfast and after dinner).
- Finish all of your medicine.
- This medicine may cause an upset stomach, diarrhea, nausea, or vomiting. If these symptoms persist or you develop a rash or fever, contact your provider or City Clinic.
- Avoid prolonged contact with direct sunlight while taking this medicine.
- Do not share or give this medicine to anyone else.
- Do not have sex for the next 7 days because it takes 7 days for the medicine to cure the infection. If you have unprotected sex during the 7 days while taking the medicine, you could still pass the infection to your sex partners.
- We recommend re-testing in 3 months to make sure that you have not been re-infected.

What can I do if I still have questions?

If you have any questions about the medicine, please call (628) 217-6600 during clinic hours. All calls are confidential. You can also come into City Clinic for a visit including: exam, testing and medicine. For more information and directions, visit our website www.sfcityclinic.org.

City Clinic
356 7th Street
San Francisco, CA 94103
(628) 217-6600

| | |
|--------------|-------------|
| Monday | 8 am – 4pm |
| Tuesday | 1 pm – 6 pm |
| Wednesday | 8 am – 4 pm |
| Thurs 8-11AM | 1 pm – 4 pm |
| Friday | 8 am – 4 pm |

