

Expert Opinion

1. Introduction
2. Use of antimicrobials against *Neisseria gonorrhoeae* and the history of development of antimicrobial resistance
3. Cephalosporins for the treatment of gonococcal infections
4. Epidemiology of cephalosporin resistance
5. *Neisseria gonorrhoeae* mechanism of resistance to cephalosporins
6. Treatment options for cephalosporin-resistant infections
7. Conclusions
8. Expert opinion

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The use of cephalosporins for gonorrhoea: the impending problem of resistance

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Gonorrhoea remains an important clinical and public health problem throughout the world. Gonococcal infections have historically been diagnosed by Gram stain and culture but are increasingly diagnosed through nucleic acid tests, thereby eliminating the opportunity for antimicrobial susceptibility testing. Gonococcal infections are typically treated with single-dose therapy with an agent found to cure > 95% of cases. Unfortunately, the gonococcus has repeatedly developed resistance to antimicrobials including sulfonamides, penicillin, tetracyclines and fluoroquinolones. This has now left third-generation cephalosporins as the lone class of antimicrobials recommended as first-line therapy for gonorrhoea in some regions. However, resistance to oral third-generation cephalosporins has emerged and spread in Asia, Australia and elsewhere. The mechanism of this resistance seems to be associated with a mosaic penicillin binding protein (*penA*) in addition to other chromosomal mutations previously found to confer resistance to β -lactam antimicrobials (*ponA*, *mtrR*, *penB*, *pilQ*). Few good options exist or are in development for treating cephalosporin-resistant isolates, as most have had multidrug resistance. Preventing the spread of resistant isolates will depend on ambitious antimicrobial management programs, strengthening and expanding surveillance networks, and through effective sexually transmitted disease control and prevention.

Keywords: cephalosporin resistance, *Neisseria gonorrhoeae*

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1. Introduction

Urethritis from gonorrhoea has probably been affecting humans for thousands of years. Gonorrhoea was recognized by ancient physicians such as Galen, and scholars believe that it was mentioned in the bible [1]. The gonococcus was first discovered by Albert Neisser in 1879 and was the second pathogenic bacterium to be isolated in history [2]. Though infections historically were treated with various local and systemic preparations of questionable effectiveness, the first curative treatment came with the introduction of sulfanilamide in 1937 [3] and was followed by the use of penicillin for gonorrhoea in 1943 [2]. Resistance to sulfonamides [4], penicillin and each subsequent antimicrobial used to treat gonorrhoea has inevitably developed over time [5]. Most recently, the gonococcus has developed resistance to fluoroquinolones [6,7]. As a result, in some regions only third-generation cephalosporins are now recommended as first-line therapy for gonococcal infections [7,8]. However, consistent with the history of the gonococcus, resistance to this class of antimicrobials is now emerging and will almost certainly present

53	significant future challenges to the treatment and control of gonococcal infections and their complications.	the etiologic agent (and the antimicrobial susceptibility) is not known.	108
55			110
	1.1 Morbidity of gonococcal infections	1.3 Epidemiology of gonococcal infections	
60	Gonococcal infections in males cause predominantly symptomatic urethritis that can be complicated by epididymitis and urethral strictures. In women, gonococcal infections cause cervicitis – only approximately half of which occurs with symptoms, and which can go on to cause pelvic inflammatory disease, ectopic pregnancies and infertility [1]. In addition, in both men and women exposed orally or anally, gonococcal infections can cause a predominantly asymptomatic pharyngitis or proctitis. Especially among gay men and other men who have sex with men (MSM), these nonurethral sites can be the predominant site of infection [9]. Less commonly, <i>Neisseria gonorrhoeae</i> can cause conjunctivitis, endocarditis, tenosynovitis, arthritis, meningitis, inflammation of the liver capsule (Fitzhugh-Curtis syndrome) and disseminated blood stream infections [1]. <i>N. gonorrhoeae</i> can also cause ophthalmic infections among newborns [10,11].	Gonococcal infections are among the most common reportable infections around the world. In the USA, gonorrhoea is consistently the second most frequently reported notifiable infection, with more than 350,000 infections reported in 2006 [26]. Many more infections probably go unreported and the actual annual cumulative incidence of gonococcal infections in the USA during 2000 was estimated to be > 700,000 [27]. In the UK during 2007, there were 18,710 uncomplicated gonococcal infections diagnosed in STD (Genito-Urinary Medicine) clinics [28].	115
70		In other regions of the world, gonococcal infections are much more common. According to World Health Organization (WHO) estimates for 1999 (updated global estimates are forthcoming), approximately 62.4 million gonococcal infections occur each year worldwide, nearly half (27.2 million) of which occur in South and Southeast Asia, with another 17 million in Sub-Saharan Africa [10].	125
75	Like other sexually transmitted infections (STIs), gonococcal infections of the cervix, urethra and rectum have been shown to increase substantially the risk of acquiring and transmitting human immunodeficiency virus (HIV) infection, making gonorrhoea control an important part of HIV prevention [12,13].	Gonococcal infection is more common among young persons, particularly those aged 15 – 24 years [26,28]. Rates of disease are also higher among persons with lower socio-economic status, MSM, illicit drug users, commercial sex workers, persons held in correctional facilities, and racial/ethnic minority groups [1,26,29]. In the USA, the disparity in rates between whites and blacks is the highest for gonorrhoea than for any other reportable disease, with the rate among blacks more than 24 times the rate among whites in 2002 [30]. In 2006, gonorrhoea cases among blacks accounted for 69% of all gonorrhoea in the USA, while blacks make up approximately 12% of the population [26].	130
80	1.2 Diagnosis of gonococcal infections	2. Use of antimicrobials against <i>Neisseria gonorrhoeae</i> and the history of development of antimicrobial resistance	135
85	Diagnosis of gonococcal infection has historically been a combination of clinical signs and symptoms of cervicitis/urethritis, a Gram stain of urethral or cervical discharge revealing the characteristic Gram-negative intracellular diplococci, and the use of culture on selective media, usually Thayer-Martin media [14,15]. However, over the last 20 years new molecular methods for diagnosing gonococcal infections have been developed and have entered widespread use, mostly in resource-rich settings. These assays are generally much more sensitive than culture and are highly specific for urogenital infections [14,16,17]. However, depending on the assay used (e.g., PCR) some concerns have arisen about the specificity of these tests from other anatomic sites [18,19]. Because these assays can be performed on easily collected specimens such as urine or self-collected vaginal or rectal swabs, in resource-rich settings, especially the USA, they have supplanted culture in many clinical settings and have expanded screening to many nonclinical settings [20-23]. This move away from culture has made routine clinical antimicrobial susceptibility testing impossible in many cases, so nearly all information regarding susceptibility now comes from relatively small surveillance systems set up specifically for this purpose.		140
90		2.1 General principles of therapy	145
95	In resource-limited settings where diagnostic testing for gonococcal infections is difficult or impossible, persons are typically treated for gonococcal and chlamydial infections using syndrome-based algorithms for urethritis, vaginitis or pelvic inflammatory disease (PID) [24,25]. In these settings	Several general principles of the treatment of gonococcal infections are important. Single-dose, directly observed therapy has become the norm in most areas of the world. Single-dose therapy has been effective and assures adequate treatment. WHO recommendations for selecting treatments have stated that cure rates should be > 95% [31]. In the USA, recommendations have further stated that the lower bound of the 95% confidence interval around the estimated treatment efficacy should also be higher than 95% [32]. Additionally, candidate medications should achieve and sustain serum levels of at least 4 times the MIC ₉₀ for 10 h [32]. Recently, as a consequence of limited treatment options and few studies, it has been proposed that a slightly less stringent criteria of > 95% cure rate with the lower bound of the 95% confidence interval >90% be used for	150
100			155
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- 163 alternative regimens in the US Centers for Disease Control
and Prevention (CDC) STD Treatment Guidelines [33].
- 165 Treatment of sex partners is important to prevent reinfection.
Efforts to improve partner treatment have been ongoing in
the USA and elsewhere, often through the use of expedited
partner therapy, which involves the patient delivering medi-
cations or a prescription for medication along with instructions
170 for use to his or her sex partners. This has been shown to
lower gonococcal reinfection rates in randomized trials [34-36],
but depends on the efficacy and availability of an easily
deliverable oral treatment.
- 175 Following treatment, in the absence of recurrent symptoms,
generally no test of cure is needed for uncomplicated gonorrhea
and this is not recommended routinely by the CDC or
WHO [8,25]. Retesting 3 months after treatment is recom-
mended because of the high rate of reinfection [8], but this
recommendation is difficult to implement in many settings.
- 180 Last, because gonococcal and chlamydial coinfection rates
are high, persons treated for gonococcal infections are also
treated for chlamydia unless chlamydia has already been
ruled out. This means that many persons will also receive
185 a macrolide or a tetracycline in addition to treatment
for gonorrhea.
- 2.2 Penicillin**
- Though sulfonamides were the first antimicrobials used to
treat gonococcal infections, resistance quickly developed [3,4].
190 Alexander Fleming documented the ability of penicillin to
inhibit growth of the gonococcus in his 1929 paper describing
his monumental discovery [37], and penicillin became the
gonorrhea treatment of choice in 1943 [38-40]. Penicillin
served as the mainstay of treatment for several decades.
195 However, soon after introduction, *N. gonorrhoeae* began
developing low-level resistance to penicillin. Nearly all
isolates collected in the pre-penicillin era had MICs of
< 0.0125 mg/l (0.02 IU/ml) [5,41]. This gradually climbed so
that 22% of isolates had MIC \geq 0.125 mg/l by 1956 [5,42]
200 and, by 1974, 11 – 23% of isolates in some US cities were
resistant (MIC \geq 0.5 mg/l) [43]. This MIC rise required
numerous escalations in the recommended effective dose of
penicillin from 50,000 units in 1945 to 4.8 million units by
205 the 1970s [5,44,45]. Increasing low-level penicillin resistance
was the additive effect of multiple chromosomal mutations,
resulting in altered penicillin binding proteins, increased
antibiotic efflux and decreased antimicrobial penetration of
the outer membrane [46].
- The emergence of *N. gonorrhoeae* with plasmid-mediated
210 β -lactamase (penicillinase) production, which confers high-level
penicillin resistance, was first identified in *N. gonorrhoeae*
in 1976 [5,47,48]. In Africa and Asia especially, the rates of
penicillinase-producing strains rose rapidly, whereas in regions
such as North America, Europe and Australia spread was slower
215 and was probably imported from Africa and Asia [5,49,50].
However, by 1989 penicillin was no longer an effective
treatment option, and penicillin is no longer recommended
- in the USA [8]. Penicillin regimens (amoxicillin/probenicid) 218
are recommended in European guidelines for known susceptible
isolates, though resistance rates are high (21.3%) [51]. 220
- 2.3 Tetracyclines**
- Chromosomally mediated tetracycline resistance emerged
in the 1970s along with, and via some of the same
mechanisms as, chromosomally mediated penicillin resistance [5]. 225
Plasmid-mediated tetracycline resistance emerged independently
in 1985 in the USA and the Netherlands and was the result
of the acquisition on a plasmid of a streptococcal *tetM*
determinant that restored ribosomal protein synthesis in the
presence of tetracycline [46,52]. 230
- 2.4 Fluoroquinolones**
- Fluoroquinolones became widely available in the mid-1980s.
They were highly effective against *N. gonorrhoeae* infections
at all anatomic sites, had few side effects in adults, and 235
required only one oral dose of medication [6,53,54]. Cipro-
floxacin became the mainstay of treatment for uncomplicated
gonococcal infections, with CDC recommending it as an
alternative regimen in 1989 [55] and as a first-line therapy in
1993 [56]. However, resistance was already developing with 240
the first fluoroquinolone-resistant isolates described in the
mid-1980s [6,57]. This resistance, through alteration of DNA
gyrase (*gyrA*) or topoisomerase IV (*parC*), first became
prevalent in Asia; by 1992 ciprofloxacin resistant isolates
made up > 40% of isolates in Japan. As had been seen with 245
penicillinase-producing *N. gonorrhoeae*, resistant strains quickly
spread from Asia to Australia, Hawaii, North America and
Europe [6,58-61], probably via travelers [61,62]. Prevalence of
resistant isolates continued to increase in the USA especially
in California, Hawaii, and among MSM such that fluoro- 250
quinolones were no longer recommended in those populations
by the early 2000s [63,64]. Finally, in 2007, the US CDC
recommended that no gonococcal infections in the USA be
treated with ciprofloxacin as first-line therapy [7]. In Europe,
though the last published guideline lists fluoroquinolones as 255
recommended for the treatment of gonococcal infections,
recent surveillance shows that quinolone resistance is high
(30.9%) and several European countries have removed
fluoroquinolones from lists of recommended therapies [51,65].
- Other antimicrobials that remain options for the treatment 260
of gonococcal infections, including spectinomycin, are discussed
in Section 7.
- 3. Cephalosporins for the treatment of
gonococcal infections** 265
- 3.1 History and general characteristics
of cephalosporins**
- Cephalosporins were discovered in 1945 by Guiseppe Brotzu
when he isolated a mold from sewage effluvium in Sardinia, 270
Italy, that had broad spectrum antibacterial activity [66].
Modern cephalosporins are variations on the prototypic 272

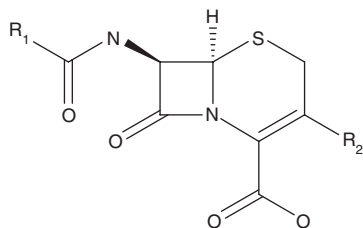


Figure 1. Basic Cephalosporin Nucleus.

273 molecule produced by *Cephalosporin acremonium*. These
 275 variations are achieved by side chain substitutions at R₁ (C7)
 and R₂ (C3) of the cephalosporin nucleus with R₁ alterations
 generally being responsible for stability against lactamases
 and R₂ substitutions affecting elimination half-life (Figure 1) [67].
 Cephalosporins are classified into ‘generations’ on the basis
 of their spectrum of activity. First-generation agents are
 280 most active against aerobic Gram-positive cocci including
Staphylococcus aureus (methicillin sensitive), whereas second-
 generation agents have more activity against Gram-negatives
 and less activity against *S. aureus*. Third-generation agents
 have broader activity against Gram-negatives than second-
 285 generation agents. Fourth-generation agents, such as cefipime,
 have broad activity against both Gram-negative and
 Gram-positive organisms.

In general, third generation cephalosporins and cephamycins
 (i.e., cefoxitin) are active against *N. gonorrhoeae*. Some
 290 second-generation agents have also been studied; however,
 ceftriaxone and several oral third-generation agents are the
 most frequently used for treating gonococcal infections.

Like other β-lactam antimicrobials, cephalosporins work
 by inhibiting cell wall synthesis through binding and inhibiting
 295 enzymes responsible for inserting peptidoglycan cross-linkage
 structures into the cell wall. These enzymes, including
 transpeptidases, carboxypeptidases and endopeptidases, are
 also termed penicillin binding proteins (PBPs) [66]. Cepha-
 losporins are considered bactericidal drugs with time-dependent
 300 killing and maximal bacterial killing occurring at 4 times
 the MIC [67,68]. These characteristics make the peak serum
 drug level and rate of elimination particularly important in
 selection of agents for one-time dosing.

3.1.1 Oral cephalosporins for gonorrhoea

305 Oral cephalosporins with activity against *N. gonorrhoeae*
 include cefuroxime axetil [69,70], cefaclor [71], cefixime [72-75],
 cefpodoxime proxetil [76,77], cefibuten [78], cefdinir [79], and
 cefoperazone (see Table 1) [80,81]. The WHO recommends
 310 cefixime 400 mg and in the USA cefixime 400 mg is the
 only oral regimen recommended as first-line therapy. This is
 because it is the only oral option so far that has met the
 criterion of the lower bound of the 95% confidence interval
 of the cure rate > 95% (97.5% cure; 95% confidence interval,
 315 95.4 – 98.8%) [33]. Cefixime is also recommended in the

UK [65]. Cefixime was not available in the USA from 2002 316
 to 2008 [82], and during that time cefpodoxime 400 mg became
 more widely used [83]. Other countries have used options
 including cefibuten in Hong Kong [84] and cefditoren and
 cefdinir in Japan. 320

Table 1 lists the properties of selected oral cephalosporins
 including the calculated serum level 10 h after peak level.
 Using this information to apply the theoretical guideline of
 Moran and Levine that medications used in one-time doses
 for treatment of gonorrhoea should stay 4 times above the 325
 MIC₉₀ for 10 h, one can see that there might not be much
 excess pharmacological capacity in many of these agents to
 accommodate increases in the MIC.

3.1.2 Parenteral cephalosporins for gonorrhoea

330 Among the parenteral cephalosporins, ceftriaxone has been
 extensively studied and is the parenteral treatment of choice
 for gonorrhoea [85-90]. It is the recommended first-line anti-
 microbial for treatment of gonorrhoea in the USA and the
 UK, and is recommended by WHO [7,8,31,65]. However, the 335
 dose of ceftriaxone is the subject of debate with 125 mg
 recommended in the USA and by WHO, but many
 countries recommend 250 mg [8,31,65]. In Japan, 1000 mg
 IV is recommended [91]. The chemical structure of ceftriaxone,
 particularly the heterocyclic thiomethyl group at the R₂ (C3) 340
 position greatly prolongs the elimination half-life because
 of extended protein binding [66]. Other parenteral cepha-
 losporins have been studied and recommended as alternative
 regimens [8]. These include ceftizoxime 500 mg IM [92-94],
 cefoxitin 2 gm IM with 1 gm of probenecid [95-97], and 345
 cefotaxime 500 mg IM [98-100]. Cefuroxime 1.5 gm IM is
 occasionally used in the UK [70]. Cefodizime has also been
 studied and used in Japan and has shown activity against
 recent multidrug resistant Japanese isolates [33,101-103]. However,
 these agents do not provide any advantage over ceftriaxone 350
 (see Table 2) and so are not routinely recommended.

4. Epidemiology of cephalosporin resistance

Despite their historic reliability for treating gonococcal 355
 infections, resistance to cephalosporins has begun to develop
 and spread in Asia with possible importation into Australia
 and Europe.

4.1 Japan

360 Case reports of treatment failures with the use of third-
 generation cephalosporins were reported in Japan as early as
 2000 [104], though a published report including isolates
 collected in Japan during 1991 – 1996 also documented
 elevated MICs to cephalosporins including cefpodoxime and 365
 cefdinir (see Table 3) [105]. Several subsequent reports
 from various regions in Japan documented the rapid
 spread and increase of resistance to oral third-generation
 cephalosporins during the late 1990s and early 2000s [103-112].
 As a result of cephalosporin resistance in Japan, beginning 370

Table 1. Chemical, pharmacological and microbiological characteristics of selected oral cephalosporins used to treat infections caused by *Neisseria gonorrhoeae*.

Cephalosporin usual dose (alternative dose)	Peak serum level** (mg/l)	Half life** (hrs)	Serum level 10 hours after peak (mg/l)*****	Hypothetical MIC90 limit*** (10 h conc/4) (mg/l)	Breakpoints (CLSI unless indicated otherwise)
Cefixime 400 mg	4.5	3 – 4	0.446 – 0.795	0.112 – 0.199	S: ≤ 0.25 I: ND R: ND
Cefpodoxime (proxetil)**** 400 mg	4.5	2 – 3	0.141 – 0.446	0.035 – 0.112	S: ≤ 0.5 I: ND R: ND
Cefdinir 600 mg	2.87	1.7	0.049	0.012	(IV formulation) S: ≤ 1 I: 2 R: ≥ 4
Cefuroxime (axetil)**** 1000 mg	13.6	1.3	0.066	0.016	
Ceftibuten 400 mg	15	1.5 – 2.5	0.148 – 0.938	0.037 – 0.234	

S: Sensitive; I: Intermediate; R: Resistant; ND: Not determined.

*Source of chemical structures is the Kyoto Encyclopedia of Genes and Genomes Drug database available at: <http://www.genome.jp/kegg/drug/> (Accessed August 23, 2008).

**Source of elimination half life and peak concentration is Micromedex DRUGDEX® Evaluations, Thomson Healthcare. <http://www.micromedex.com> (Accessed September 30, 2008).

***Moran JS, Levine WC. Drugs of choice for the treatment of uncomplicated gonococcal infections. Clin Infect Dis 1995;20(Suppl 1):S47-65 [32].

****Cefuroxime axetil and cefpodoxime proxetil are administered as a prodrug ester and are passively absorbed and hydrolyzed by intestinal epithelial cells to the active cephalosporin form, which is then transferred into the bloodstream.

*****Serum concentration at time $t = \frac{C_{\max}}{e^{0.693t/t_{1/2}}}$.

Table 2. Chemical, pharmacological and microbiological characteristics of selected parenteral cephalosporins used to treat infections caused by *Neisseria gonorrhoeae*.

Cephalosporin usual dose IM (alternative dose IM)	Peak serum level** (mg/l)	Half life** (h)	Serum level 10 h after peak (mg/l)*****	Hypothetical MIC90 limit*** (10 h conc/4) (mg/l)	Breakpoints (CLSI unless indicated otherwise)
Ceftriaxone 125 mg or 250 mg (pk data for 125 mg)	13.5	5.8 – 8.7	4.086 – 6.086	1.022 – 1.521	S: ≤ 0.25**** I: ND R: ND
Cefuroxime 1500 mg	13.6	1.3	0.066	0.016	(IV formulation) S: ≤ 1 I: 2 R: ≥ 4
Ceftizoxime 500 mg	13	1.1 – 2.3	0.024 – 0.638	0.006 – 0.160	S: ≤ 0.5 I: ND R: ND
Cefodizime 1000 mg	75	2.5 – 4	0.141 – 0.446	0.035 – 0.112	
Cefotaxime 1000 mg	20.5	0.8	0.001 – 0.054	0 – 0.013	

S: Sensitive; I: Intermediate; R: Resistant; ND: Not determined.

*Source of chemical structures is the Kyoto Encyclopedia of Genes and Genomes Drug database. available at: <http://www.genome.jp/kegg/drug/> (Accessed August 23, 2008).

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***Moran JS, Levine WC. Drugs of choice for the treatment of uncomplicated gonococcal infections. Clin Infect Dis 1995;20(Suppl 1):S47-65 [32].

****Other authors and organizations have picked lower cutpoints to define isolates that are 'less susceptible'. For example, the European Surveillance of Sexually Transmitted Infections (ESSTI) network uses 0.125 as the upper limit of sensitivity [51].

*****Serum concentration at time $t = \frac{C_{max}}{e^{(0.693)t}} \cdot e^{-t/2}$

Table 3. Reports from Japan of *Neisseria gonorrhoeae* isolates with elevated MICs to third-generation cephalosporins.

Author, publication year	Location	Year of specimen collection	Criteria and number of isolates assessed	Cephalosporin MICs mg/l (range)	Comment
Japan					
Yamaguchi 1998 [105]	Several areas of Japan	1991 and 1996	All isolates: 27	Cefpodoxime MIC ₉ = 4 Cefditoren MIC ₉₀ = 4	<i>In vitro</i> study of investigational antimicrobial
Akasaka 2001 [104]	Kitakyushu	1999	Cefdinir treatment failure: 2	Cefpodoxime MIC = 4 Cefdinir MIC = 1 Ceftriaxone MIC = 0.125	Case report
Muratani 2001 [106]	Kitakyushu	1999	Cefozopran ≥ 8: 17 of 54	For 17 isolates: Ceftriaxone MIC ₉₀ = 0.125 (0.03 – 0.25) Cefpodoxime MIC ₉₀ = 4 (0.5 – 4) Cefixime MIC ₉₀ = 0.5 (0.125 – 0.5)	
Ito 2004 [107]	Central Japan	1999 – 2000 2001 2002	Cefixime ≥ 0.5: 0 of 91 39 of 150 67 of 221	1999: Cefixime MIC ₉₀ = 0.06 (≤ 0.004 – 0.125) Ceftriaxone MIC ₉₀ = 0.03 (≤ 0.004 – 0.06) 2002: Cefixime MIC ₉₀ = 0.5 (≤ 0.004 – 2) Ceftriaxone MIC ₉₀ = 0.06 (≤ 0.004 – 0.5)	Emerging cefixime resistance
Arneyama 2002 [108]	Tokyo	2000 2001	Cefixime ≥ 0.25: 9 of 53 4 of 24	2000 and 2001: Cefixime MIC ₉₀ = 0.25 Ceftriaxone MIC ₉₀ = 0.06	Report also described a mosaic <i>penA</i> gene among isolates with cefixime MIC ≥ 0.25
Tanaka 2002 [103]	Fukuoka City	1995 2000	Cefixime ≥ 0.5 0 of 55 5 of 100	1995: Cefixime MIC ₉₀ = 0.015 (0.002 – 0.06) Ceftriaxone MIC ₉₀ = 0.015 (0.001 – 0.03) 2000: Cefixime MIC ₉₀ = 0.25 (0.002 – 0.5) Ceftriaxone MIC ₉₀ = 0.06 (0.002 – 0.5)	Emerging cefixime resistance.
Tanaka 2006 [109]	Fukuoka City	2000 – 2001	Ceftriaxone = 0.5: 1 of 398	Cefixime MIC = 0.5	Analysis of 1 ceftriaxone resistant isolate with mosaic <i>penA</i> and <i>mtrR</i> , <i>ponA</i> , <i>penB</i> mutations
Yokoi 2007 [110]	Toyota	2002 – 2003	Cefixime treatment failure: 4	Cefixime (0.5 – 1) Ceftriaxone (0.125 – 0.5)	Case report
Osaka 2006 [111]	Tokyo	2006	Cefixime ≥ 0.125: 17 of 47	Cefixime MIC ₉₀ = 0.125 (0.004 – 0.25) Ceftriaxone MIC ₉₀ = 0.06 (0.002 – 0.125)	MIC values compared with those of Arneyama in 2001
Takahata 2006 [112]	Tokyo	2006	Cefixime ≥ 0.125 28 of 58	For 28 isolates with mosaic <i>penA</i> gene: Cefixime MIC ₉₀ = 0.5 (0.12 – 0.5) Ceftriaxone MIC ₉₀ = 0.12 (0.016 – 0.12)	Cefixime MICs correlated with presence of mosaic <i>penA</i>

R: Resistant; LS: Less sensitive; NG MAST: *Neisseria gonorrhoeae* multiple antigen sequence typing.

Table 3. Reports from Japan of *Neisseria gonorrhoeae* isolates with elevated MICs to third-generation cephalosporins (continued).

Author, publication year	Location	Year of specimen collection	Criteria and number of isolates assessed	Cephalosporin MICs mg/l (range)	Comment
Europe					
Olsen 2008 [125]	Sweden	2002 – 2005	Cefixime MIC > 0.06 – ≤ 0.5: All had ceftriaxone MIC < 0.125 6 of 679		
Hoffmann 2005 [126]	Denmark	2004	Ceftriaxone MIC > 0.023 < 0.094 81 of 434		No <i>PenA</i> sequencing performed. Serotype, NG-MAST sequence type were related within group of ceftriaxone MIC > 0.023 and < 0.094
Martin 2006 [51]	Europe (ESSTI)	2004	Ceftriaxone > 0.125: 3 of 965	Ceftriaxone MIC = 0.25	Surveillance report. Resistant isolates included 2 from Italy and 1 from Sweden
Vazquez 2007 [127]	Spain	2004 – 2005	204 isolates	Ceftriaxone MIC ₉₀ = 0.007 (≤ 0.007 – 0.12) Cefditoren MIC ₉₀ = 0.12 (≤ 0.007–0.25)	
Tzelepi 2008 [128]	Greece	Dec 2006 – Jan 2008	Cefotaxime MIC 0.25 – 1: 17 of 195	Ceftriaxone MIC ₉₀ = 0.125 (0.064 – 0.125) Cefixime MIC ₉₀ = 0.25 (0.125 – 0.25)	Isolates were part of a cluster with related serotypes and PFGE patterns in Northern Greece Isolates were multidrug resistant including penicillin, tetracycline, and fluoroquinolones
Gonococcal Resistance to Antimicrobials Surveillance Programme 2008 [28]	UK	2007	Cefixime MIC = 0.25: 2 of 1113	Ceftriaxone MIC = 0.015	Surveillance report

R: Resistant; LS: Less sensitive; NG MAST: *Neisseria gonorrhoeae* multiple antigen sequence typing.

Table 3. Reports from Japan of *Neisseria gonorrhoeae* isolates with elevated MICs to third-generation cephalosporins (continued).

Author, publication year	Location	Year of specimen collection	Criteria and number of isolates assessed	Cephalosporin MICs mg/l (range)	Comment
Australia					
Tapsall 2008 [113]	Australia	1997 – 2006	Ceftriaxone MIC 0.06 – 0.5; 134 of ~ 15,000		Isolates with elevated ceftriaxone MIC mostly from travelers or contacts
Australian Gonococcal Surveillance Program 2008 [114]	Australia	2007	Ceftriaxone MIC 0.06 – 0.25; 25 of 3,042		Surveillance report
Elsewhere in Asia					
Ray 2005 [123]	Chennai, India Hyderabad, India Nagpur, India Pune, India Kolkata, India Bangladesh	2001 2001 2001 2001 2001 1999 – 2000	Ceftriaxone LS (disk diffusion): 4 of 80 9 of 46 10 of 74 4 of 37 4 of 58 2 of 110		Resistant isolates not confirmed at regional reference laboratory
Bala 2007 [124]	New Delhi, India	2002 – 2006	Ceftriaxone MIC \geq 0.06; 9 of 382	Ceftriaxone MIC 0.064 – 0.094	No treatment failures reported
Ye 2002 [116]	China (various)	1993 – 1998	Ceftriaxone R (not defined); 16 of 2801		Results not confirmed at national reference laboratory
Guoming 2000 [117]	Zhanjiang, China	1998 – 1999	Ceftriaxone MIC \geq 1; 15 of 98 Ceftriaxone MIC \geq 0.06; 34 of 98	Ceftriaxone MIC ₉₀ = 2 (0.016 – 2)	
Wong 2008 [118]	Taipei, Taiwan	Apr 2006 – Aug 2007	Cefixime R (disk diffusion): 24 of 146 Cefpodoxime R (disk diffusion): 31 of 146	All sensitive to ceftriaxone by disk diffusion	NGMAST ST 835 and 2180 associated with cephalosporin resistance

R: Resistant; LS: Less sensitive; NG MAST: *Neisseria gonorrhoeae* multiple antigen sequence typing.

Table 3. Reports from Japan of *Neisseria gonorrhoeae* isolates with elevated MICs to third-generation cephalosporins (continued).

Author, publication year	Location	Year of specimen collection	Criteria and number of isolates assessed	Cephalosporin MICs mg/l (range)	Comment
Lo 2008 [84]	Hong Kong	Oct 2006 – Aug 2007	Ceftibuten treatment failure: 42 of 1228	Ceftibuten MIC ₉₀ = 1 (0.06 – 8) Ceftriaxone MIC ₉₀ = 0.06 (< 0.016 – 0.125) Cefixime MIC ₉₀ = 0.125 (< 0.016 – 0.25)	NG MAST ST 835 and 2469 associated with cephalosporin resistance
Clendennen 1992 [120]	Philippines	Sept 1989	Ceftriaxone ≥ 0.5: 8 of 134 Cefpodoxime ≥ 4: 4 of 134		
Clendennen 1992 [121]	Thailand	May 1990	Ceftriaxone ≥ 0.5: 3 of 333 Cefixime ≥ 4: 1 of 328 Cefpodoxime ≥ 4: 2 of 331		
Cao 2008 [119]	Ho Chi Minh Ville, Vietnam	Mar 2004 – Jun 2006	Ceftriaxone MIC = 0.5: 1 of 121		No other cephalosporins were evaluated
USA					
Wang 2003 [130]	Hawaii	2001	Multidrug resistance: 4 isolates	Cefixime MIC 0.25 – 0.5 Ceftriaxone MIC 0.125	Case report. All 3 patients with links to Asia
Gonococcal Isolate Surveillance Project 2008 [83]	USA	1992 – 2006	Cefixime MIC 0.5 – 2: 48 isolates Ceftriaxone MIC = 0.5: 4 isolates		Surveillance report

R: Resistant; LS: Less sensitive; NG MAST: *Neisseria gonorrhoeae* multiple antigen sequence typing.

371 in 2006, cefixime was no longer recommended as first-line
therapy for gonorrhoea in Japan, with only the parenteral
agents ceftriaxone and spectinomycin remaining first-line
treatment options [91,110,111].

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4.2 Australia

The Australian Gonococcal Surveillance Programme began
to identify isolates with ceftriaxone MIC 0.06 – 0.5 mg/l
(termed 'less susceptible') in 2001 [113,114]. Isolates were
predominately from urban centers and isolated from inter-
national travelers and their sex partners, though some
domestic transmission was suspected as well [113].

380

4.3 China, Hong Kong and Taiwan

Cephalosporin resistance might also be emerging in China.
The 2006 report of the WHO Western Pacific Region
mentions that resistance was 'particularly prominent' in
China, though no more information is reported [115]. Other
reports from China have reported elevated ceftriaxone MICs
among isolates collected from different regions of China
during the 1990s; however, some of these results were not
confirmed at the national reference laboratory [116,117].

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Recently, investigators in Hong Kong reported a rate of
ceftibuten (400 mg PO once) treatment failure of 3.7% during
October 2006 – August 2007 (n = 1228). Among the 42
persons with clinical ceftibuten failure, 7 had MIC \geq 1 mg/l.
A total of 23 isolates had ceftriaxone MIC of 0.06 or
0.125 mg/l [84]. Other investigators in Taiwan recently
reported oral cephalosporin resistance there as well [118].

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4.4 Elsewhere in Asia

Reports from Vietnam, Thailand and the Philippines docu-
mented sporadic isolates with ceftriaxone MIC \geq 0.5 [119-121],
though further testing on these isolates were not performed
and clinical outcomes were not reported. Plans for a more
extensive survey of gonococcal antimicrobial resistance patterns
in the WHO Western Pacific Regions are underway [122].

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A surveillance report from India, Bangladesh, Nepal
and Sri Lanka reported significant rates of ceftriaxone less
susceptible/intermediate isolates (1.5 – 20%) among 767
total isolates collected and tested in local laboratories during
1999 – 2001. However, these results were not able to be
confirmed in the regional reference laboratory [123]. In India,
Bala *et al.* recently reported nine isolates with ceftriaxone
MIC of 0.064 or 0.094 mg/l among 382 isolates collected
in New Delhi during 2002 – 2006. All cases were treated
with ceftriaxone 250 mg or cefixime 400 mg and there were
no treatment failures [124].

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4.5 Europe

Recently, a Europe-wide surveillance system, European
Surveillance of Sexually Transmitted Infections (ESSTI),
has been implemented to monitor antimicrobial resistance
patterns in *N. gonorrhoeae*. This system identified three
isolates with ceftriaxone MIC = 0.25 mg/l from Italy and

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Sweden (ESSTI defined reduced susceptibility to ceftriaxone
as \geq 0.125 mg/l) [51]. The UK gonococcal surveillance
system reported their first two isolates with decreased cefixime
susceptibility in 2007 (MIC \geq 0.25 mg/l) [28]. Other reports
from Denmark, Spain, Sweden and Greece have documented
isolates with increased cephalosporin MICs [125-128].

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4.6 USA

Since the start of a national surveillance system in 1986 for
gonococcal resistance in the USA (Gonococcal Isolate
Surveillance Program; GISP) there have been four sporadic
isolates with a ceftriaxone MIC of 0.5 mg/l in San Diego
(1987), Cincinnati (1992 and 1993), and Philadelphia
(1997) [83,129]. GISP incorporated testing for cefixime
and through 2006 there have been 48 isolates with cefixime
MIC of 0.5 – 2.0 mg/l [83]. However, the percentage of isolates
with elevated MIC to cefixime has decreased over time [83].
In 2001, three patients were identified in Hawaii with
multidrug-resistant *N. gonorrhoeae* including isolates with cefixime
MIC of 0.25 – 0.5 mg/l and ceftriaxone MIC of 0.125 mg/l.
Those three persons had epidemiologic links to Asia [130].

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4.7 Other global regions including Africa and Latin America

There are very limited recent data from other parts of
the world, but there have not been isolates with
documented elevated MICs to cephalosporins among recent
published reports. These have included reports from Africa
(South Africa, Madagascar, Cameroon, Central African
Republic) [119,131-133] and Latin America (Argentina, Uruguay,
Colombia, Peru and Venezuela) [134].

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5. *Neisseria gonorrhoeae* mechanism of resistance to cephalosporins

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5.1 *Neisseria* biology review

Gonococci have several features that might be important in
the development of antimicrobial resistance. These include
surface structures such as a porin protein, Por, encoded by the
porB gene, and pilQ, another porin coded by the *pilQ* (formerly
penC) gene through which pili are thought to project [135].
Gonococci are unusual in that they are constitutively com-
petent for exogenous DNA transformation. The gonococcus
is able to take up exogenous DNA that has a specific 10-base
pair uptake sequence frequently found in the genome of
many *Neisseria* species. There are approximately 1900 copies
of this uptake sequence in *Neisseria* genomes compared with
four copies in *Haemophilus influenzae* [136-138]. Gonococci
frequently release DNA. This DNA can be taken up and
integrated into the recipient gonococcal genome. Some
gonococci also do contain a 36-kb conjugal plasmid but
are not thought to transfer chromosomal genes via
plasmids. There is evidence that gonococci take up genetic
information much more efficiently through transformation
than through plasmids [138].

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481 **5.2 Definitions of resistance**

485 Defining resistance to cephalosporins is difficult because up to now documented clinical treatment failures have been rare. As a result, the Clinical and Laboratory Standards Institute (CLSI) does not define resistance breakpoints for most cephalosporins, including ceftriaxone, but only defines sensitive isolates [139]. This has made terminology and surveillance difficult with programs and authors using varying definitions and terms. Complicating this are inherent differences in laboratory techniques that might render MICs not directly comparable [115,140,141]. Most definitions of cephalosporin resistance are based on ceftriaxone, though there might be important differences in the susceptibility of isolates to ceftriaxone and other oral cephalosporins [106,107,112].

490 Some authors define *N. gonorrhoeae* with increased ceftriaxone MIC as ≥ 0.06 mg/l [113,124,142], other authors and UK Gonococcal Resistance to Antimicrobials Surveillance Programme (GRASP), have used ≥ 0.125 mg/l [28,143], while the ESSTI has chosen > 0.125 mg/l [51], and the CLSI defines isolates ≤ 0.25 mg/l as susceptible, making ≥ 0.5 'nonsusceptible' [139].

500 In this review, we attempt to report actual MICs and the criteria used for determination of nonsusceptibility.

505 **5.3 Resistance mechanisms**505 **5.3.1 Altered PBPs**

Neisseria gonorrhoeae has three penicillin-binding proteins (PBPs), designated 1, 2 and 3. PBP2 has a 10-fold higher affinity for penicillin G than PBP1 [144] and is thought to be the major binding site for β -lactam antimicrobials like the cephalosporins. Alterations in PBP2, coded for by the *penA* gene, have been demonstrated to cause decreased binding of penicillin through a single amino acid insertion (Asp-345a) [145,146]. Several additional PBP alterations have been documented to be associated with resistance to β -lactam antimicrobials including cephalosporins (see Table 4). However, much is still not known regarding the importance of specific mutations in PBPs, their interactions with each other, and with alterations in other genes.

The most frequently cited PBP alteration related to cephalosporin resistance is the altered PBP2 linked to cefixime resistance in Japanese male urethritis isolates by Ameyama *et al.* in 2002 [108]. In this group of isolates, 13 of 77 (17%) had cefixime MIC ≥ 0.25 mg/l. Sequencing of *penA* revealed a mosaic genotype [108]. This genotype consists of multiple genetic changes in the *penA* transpeptidase domain forming a mosaic *penA* with segments that are nearly identical to the homologous regions of the *penA* genes of related *Neisseria* commensal species such as *N. flavescens*, *N. perflava*, *N. subflava*, *N. cinerea* and *N. meningitidis* [108,109]. Presence of these multiple *penA* alterations are thought to have occurred through transformation of *N. gonorrhoeae penA* genes with genetic sequences from commensal *Neisseria* organisms [108,109]. This has previously been shown to occur in the development of chromosomally mediated penicillin resistance in both

535 *N. gonorrhoeae* and *N. meningitidis* [147,148].

In order to define the role of this mosaic *penA*, Ameyama *et al.* attempted to transform genetically a cefixime-sensitive isolate with cloned copies of a mosaic *penA* gene amplified from an isolate with cefixime MIC of 0.5. The resulting transformant had increased MIC from the initial sensitive transformee isolate, but did not completely replicate the susceptibility profile of the *penA* donor isolate: cefixime MIC increased from 0.001 to 0.06 mg/l; ceftriaxone 0.00025 to 0.002 mg/l [108]. In a recent similar experiment, other investigators showed that the introduction of the mosaic *penA* into a penicillin and cephalosporin susceptible isolate increased the cefixime MIC by 100-fold (to 0.12 mg/l) and the ceftriaxone MIC 20-fold to 0.012 mg/l. When the mosaic *penA* was introduced into a chromosomally mediated penicillin resistant isolate possessing several other mutations (*ponA*, *mtrR*, *penB*) the ceftriaxone MIC increased to 0.25 mg/l and cefixime increased to 0.5 mg/l [149]. Data from Lindberg also suggest that multiple mutations in addition to PBP2 are needed to attain MICs to cephalosporins equivalent to that seen *in vivo* [143].

Within the mosaic *penA*, which specific substitutions are important is not yet clear, but the amino acid substitutions G545S, I312M, V316T, and possibly A501V were demonstrated to be responsible for most of the observed reduced susceptibility to cefixime [112]. Of these substitutions, I312M and V316T occur in the PBP2 of *N. perflavalsicca* and *N. flavescens*, reinforcing the hypothesis that these mosaic sequences might be the result of transformation with commensal *Neisseria* species.

Osaka *et al.* did comparative *penA* sequencing and homology modeling of isolates from Japan with mosaic and nonmosaic *penA* genes with cefixime MIC ≥ 0.125 mg/l. Modeling showed that the β -lactam binding pocket was altered both with the mosaic pattern and with the nonmosaic pattern that included the A501V alteration [111]. Further, direct assays of PBP2 binding using both wild-type and mosaic PBP2 showed that the mosaic PBP2 resisted binding by cefixime and cefdinir, but had no effect on binding of ceftriaxone [150].

Whiley *et al.* published reports questioning the importance of the mosaic *penA* genotype. They sequenced the *penA* gene in 109 *N. gonorrhoeae* isolates collected in Australia during 1997 – 2005 with a range of ceftriaxone MICs. Of the 50 isolates with ceftriaxone MIC ≥ 0.06 mg/l, only 10 had the mosaic *penA* and 10 other *penA* sequences were identified among isolates with ceftriaxone MIC ≥ 0.06 mg/l. Furthermore, one isolate with the mosaic *penA* had a ceftriaxone MIC of 0.03 mg/l and another isolate with a mosaic variant was completely sensitive to ceftriaxone (0.008 mg/l) [142,151]. Those authors report that the PBP2 A501 alteration was present in 22 of the 50 isolates with ceftriaxone MIC ≥ 0.06 (in 5 of the 10 sequence patterns with ceftriaxone MIC ≥ 0.06). However, 3 of the 25 isolates with the A501 alteration had MIC of ≤ 0.008 mg/l raising questions about the specificity of this marker as well [142].

Table 4. Genetic alterations linked to *Neisseria gonorrhoea* reduced susceptibility to β -lactam antimicrobials.

Gene (amino acid alteration)	Gene product	Phenotype	Source
<i>penA</i> (L421P)	PBP1	Altered PBP1. Requires <i>penC</i> for high level resistance. Role in cephalosporin resistance questioned	[150]
<i>penA</i> (Asp-345a)	PBP2	Insertion PBP2 resulting in penicillin resistance	[146]
<i>penA</i> (mosaic PBP2)	PBP2	Oral cephalosporin resistance Possibly increased MIC for parenteral cephalosporins	[108, 154]
<i>penA</i> (A501V)	PBP2	Possibly similar effect to mosaic; 2 – 4 fold increase in cephalosporin MIC	[112, 142]
<i>penB</i> (<i>porB1b</i>)	PorB1b	Altered porin and membrane permeability to hydrophobic antibiotics and tetracycline	[143, 152]
<i>pilQ</i> (<i>penC</i>)	PilQ outer membrane protein through which pilus projects. Also is a porin. [135]	Increases resistance to penicillin when <i>penA</i> , <i>mtrR</i> , and <i>penB</i> mutations are present; thought to form outer membrane pore through which antimicrobials diffuse into periplasm	[143, 185]
<i>MtrR</i>	Transcription repressor	Causes MtrC-D-E efflux pump upregulation resulting in decreased susceptibility to hydrophobic agents such as azithromycin and rifampin. Possible increased <i>in vivo</i> fitness.	[186, 187]

591 Tanaka *et al.* reported an *N. gonorrhoeae* isolate with cef-
 triaxone resistance (MIC = 0.5 mg/L) that possessed the
 mosaic PBP2, but also had mutations in *ponA* (L421P),
 595 *penB* (A120 and A121), and *mtrR* (see Table 3). They
 hypothesized that the L421P substitution in the *ponA*
 gene coding for PBP1 might also be important in conferring
 ceftriaxone resistance [109]. However, they did not report
 isolates with cefixime resistance only (ceftriaxone sensitive)
 and thus could not compare ceftriaxone phenotypes in
 600 regard to these non-*penA* mutations. The possible impor-
 tance of *ponA* L421P was further supported by data from
 Takahata in which strains with the L421P substitution were
 associated with increased cephalosporin MICs compared
 with laboratory derived transformants possessing only the
 605 mosaic PBP2 (all isolates with the mosaic PBP2 also had the
 L421P substitution in PBP1) [112]. However, Nicholas *et al.*
 found that neither the presence nor absence of *ponA* affected
 the cephalosporin MIC [149].

610 These results seem to indicate that the mosaic *penA*
 is important but not sufficient to attain a higher level
 of cefixime resistance and highlights the importance of
 other chromosomal alterations such as those previously
 associated with penicillin resistance and perhaps other
 unknown alterations.

615 **5.3.2 Reduction of intracellular antimicrobial
 concentration**

Another basic mechanism of resistance to antimicrobials
 includes reducing the intracellular concentration of an
 620 antimicrobial either by preventing its entry or by actively
 pumping antimicrobials out. Like other bacteria, *N. gonorrhoeae*
 has a system of efflux pumps. One of these, the MtrC-D-E
 system, is repressed by the *mtrR* gene so that mutations in
 the *mtrR* gene have been shown to increase efflux and induce
 625 resistance to penicillin, tetracycline, macrolides and possibly
 fluoroquinolones. Whether this mutation also confers resis-
 tance to cephalosporins is not clear. Tanaka *et al.*, however,
 reported an isolate with resistance to ceftriaxone (MIC = 0.5)
 that did have an *mtrR* mutation in addition to others [109].
 630 Lindberg *et al.* found that 13 of 18 isolates with ceftriaxone
 MIC \geq 0.06 had the *mtrR* mutation along with mutations
 in *penA*, *penB*, and *ponA* [143].

635 Other *N. gonorrhoeae* mutations can reduce the permeability
 of the outer membrane. The *penB* mutation of the porin
 gene reduces permeability to hydrophilic antimicrobials such
 as penicillin and tetracycline, but is only apparent when it
 co-exists with the *mtrR* mutation. It has not been shown to
 confer meaningful resistance to cephalosporins [152].

640 Acquisition of β -lactamases is not thought to play a
 role in resistance to cephalosporins for *N. gonorrhoeae*. Nearly
 all isolates with decreased susceptibility to cephalosporins
 have not been found to express β -lactamase [106,108,109,143].
 Cephalosporinases like those seen in other resistant gram-
 645 negative organisms [153] have not been documented
 in *N. gonorrhoeae*.

5.4 Is emergence of cephalosporin resistance clonal? 646

An important question is whether the emerging resistance to
 cephalosporins is spreading from a common ancestor or
 whether newly resistant isolates are arising anew as a result
 of factors such as antimicrobial pressure and transformation 650
 from commensal *Neisseria spp.* Muratani *et al.* found rapid
 emergence of isolates with resistance to some oral cepha-
 losporins (cefixime MIC \geq 0.125), and, on the basis of
 RFLP analysis, concluded that this was the result of clonal
 spread [106]. Further studies in Japan showed that 55% of 655
 47 isolates with the mosaic PBP2 had identical PFGE patterns
 and 79% had $>$ 90% similarity [154]. In addition, the sequence
 of the mosaic PBP2 found in different areas of Japan differed
 by only one base pair [154]. In Hong Kong, 11 isolates with
 cefitibuten MIC = 8 mg/l had the mosaic *penA* and identical 660
 or nearly identical NG-MAST sequence types [84]. In a study
 of isolates from the UK, Sweden, and the USA, the isolates
 with decreased susceptibility to cephalosporins were apparently
 closely related with only two NG-MAST sequence types
 among 18 isolates [143]. Last, in a cluster of isolates from 665
 northern Greece with ceftriaxone MIC 0.06 – 0.125 mg/l
 (possession of mosaic PBP2 was not determined), the serotypes
 were unique and PFGE patterns similar [128].

670 However, casting doubt about clonality, other investigations
 have found the mosaic PBP2 in a diverse set of isolates
 typed by porin sequence [112], and Whiley *et al.* found no
 specific correlation between PBP2 pattern and auxotype, sero-
 type, or NG MAST sequence type among a group of isolates
 with diverse collection years and locations [142]. Likely multiple
 675 mechanisms of resistance including *de novo* development of
 resistance, selection and clonal spread are involved.

5.5 Methods to detect resistance to cephalosporins

At present, the only reliable method to detect resistance to
 cephalosporins is through isolation and susceptibility testing. 680
 The gold standard culture method for MIC determination
 is agar dilution, though disk diffusion has also been studied
 and validated [139]. However, with the declining use of culture
 for routine diagnosis of gonococcal infections, fewer and fewer
 isolates are available for susceptibility testing outside of 685
 established antimicrobial susceptibility surveillance systems.

This makes the possibility of using molecular assays to
 identify markers of resistance in specimens collected for
 nucleic acid-based diagnostic tests very attractive. Molecular
 tests have been developed to detect ciprofloxacin resistance 690
 in *N. gonorrhoeae* [155,156], and azithromycin resistance in
Treponema pallidum [157] but are not in widespread clinical
 use. A major limitation of these tests is that they depend on
 knowing the importance of particular mutations in conferring
 resistance and how those mutations correlate with *in vitro* 695
 MIC and with clinical outcomes, information that is not
 reliably known for cephalosporin resistance. PCR-based
 assays for identification of the mosaic *penA* gene have
 recently been published [158,159]. Such an assay might be
 700 useful in identifying organisms with the mosaic *penA* gene

701 in clinical specimens. However, because the importance of
this genotype is not completely understood, the interpretation
of the results of the assay is not clear.

705 6. Treatment options for cephalosporin-resistant infections

The looming question behind this discussion is what treatment
options are available when cephalosporins become unreliable?
710 Some possibilities exist and have recently been reviewed [33],
but none is likely to be reliable for long. Additionally, in
many reports, isolates with increased cephalosporin MICs
are resistant to multiple antimicrobials already, further limiting
options for treatment [109,113,114,128,143,160,161].

715 Azithromycin is one possible option since 2 grams is
generally effective against *N. gonorrhoeae*. However, isolates
with elevated MICs have emerged in multiple locations,
including the USA and Europe [83,162,163]. Additionally 2 grams
of azithromycin is poorly tolerated because of gastrointestinal
720 upset, though a new timed-release formulation may improve
that [44]. However, azithromycin achieves low serum levels,
is frequently prescribed for other conditions such as upper
respiratory tract infections, and ongoing antimicrobial pressure
from azithromycin use might result in the emergence of
725 azithromycin resistance among *N. gonorrhoeae* isolates [129].

Another option is spectinomycin, an injectable aminocyclitol
antimicrobial used for gonococcal infections in a dose of
2 gm IM [164]. Spectinomycin is effective for the treatment
of anogenital gonococcal infections, but is not effective for
730 treating pharyngeal infections [91,165]. Spectinomycin is one of
three first-line antimicrobials for treating gonococcal infections
in Japan, where oral cephalosporin resistance is common. It has
recently been shown to be effective in this setting as well [91].
However, *N. gonorrhoeae* can develop high-level resistance from
735 a single-step mutation. Resistance has quickly developed with
widespread use among American soldiers in the past [8,166],
and other reports have documented spectinomycin-resistant
isolates in areas where it is frequently used [117,167]. Never-
theless, documented resistance to spectinomycin has been rare
740 and sporadic. It has been identified only five times in the
USA during 1986 – 2004 where it is very seldom used [33],
and has been infrequently and sporadically identified by
surveillance systems in the UK and the WHO Western
Pacific Region [115]. Spectinomycin can be difficult to obtain;
745 it is not available at present in the USA, though it is expected
to become available in the future [44].

Other antimicrobials might be options but there is
currently little clinical evidence of their efficacy. Limited
experience exists in treating gonococcal infections with
750 amino-glycosides, though these drugs have been used in
Asia and Africa. A number of surveillance studies have not
found resistance to kanamycin [168,169]. However, resistance
has developed when gentamicin has been used widely
in Malawi [44,170]. Rifampin is inexpensive but, like other
755 organisms, *N. gonorrhoeae* has been shown to develop resistance

rapidly when rifampin has been used as a single agent [171]. 756
Ertapenem, a parenteral carbapenem, has been studied *in vitro*
against stored specimens from UK surveillance isolates,
though its activity against cephalosporin nonsusceptible
760 isolates has not been studied [172]. Similarly, tigecycline, a
broad spectrum parenteral glycylycylone tetracycline derivative,
has shown activity *in vitro* against tetracycline-resistant
N. gonorrhoeae, but has not been tested clinically or against
isolates with known increased cephalosporin MICs [173].
765 Although new cephalosporins with broader spectrum of
activity against antimicrobial-resistant organisms, such as
methicillin-resistant *Staphylococcus aureus*, are expected to be
approved and become clinically available soon, on the basis
of limited *in vitro* data, these might not have additional
770 activity against antimicrobial-resistant *N. gonorrhoeae* [174].

7. Conclusions

Gonorrhea remains among the most common infectious
diseases throughout the world and one that has repeatedly
775 proven its ability to develop resistance to antimicrobial
agents. Cephalosporins are now the only first-line therapies
recommended in many areas worldwide, though resistance
has begun to emerge and spread in Asia, Australia and
elsewhere. The exact mechanism of this resistance is being
780 studied but might be the result of several different chromosomal
alterations, including in PBP2, other alterations that have
been important in conferring penicillin resistance in the
past, and other unknown alterations. The most widely studied
alteration has been the mosaic *penA* gene, which appears to
785 play a role in resistance to oral third-generation cephalosporins.
However, this alteration is probably neither necessary nor suf-
ficient to develop high-level cephalosporin resistance and
might not play a large role in ceftriaxone resistance.

8. Expert opinion

If history serves as a pattern for future events, then we can
expect wide dissemination of cephalosporin resistance among
795 *N. gonorrhoeae* isolates in the future. Many questions remain
unanswered such as why and how cephalosporin resistance
has developed. However, the question at hand now is what
can be done to prevent, delay, or at least prepare for this
development.

In making plans to prevent the spread of cephalosporin
800 resistance, it is important to know whether resistance is
developing anew or is a result of spread of one (or a few)
original resistant isolates. Preventing the development of
new strains with cephalosporin resistance must necessarily
805 rely on different prevention strategies (limiting antimicrobial
use, assuring complete treatment of all gonococcal infections
including pharyngeal infections), whereas prevention of
the spread of a resistant clone would rely more on early
identification and containment of a resistant isolate through
810 interventions focused on travelers and their partners, such as

811 contact tracing, directly observed therapy, and possibly tests
of cure. Of course, if new resistant mutants are developing
815 anew, strategies of containment will also be useful. They
would probably be less effective if the development of new
resistant mutants is widespread and could not necessarily
focus on travelers or other likely sources of importation.

8.1 Role of pharyngeal infections

820 There are several reasons to think that pharyngeal gonorrhea
might play a role in the development of cephalosporin
resistance. Pharyngeal infections have a lower cure rate than
anogenital gonococcal infections [77,175,176]. Cephalosporins,
particularly oral cephalosporins might not consistently
825 achieve adequate tissue levels in the pharyngeal mucosa.
This might mean that many pharyngeal infections, which
are predominantly asymptomatic [177], are incompletely treated
allowing continued growth of the gonococcus in the pharynx
in the presence of declining levels of antimicrobials.

830 One intriguing hypothesis from the reports of mosaic
penA genes in Japan highlights this possible role of pharyngeal
gonorrhea. Two men with gonococcal urethritis infected
with isolates with cefixime MIC of 0.5 mg/L reported
exposure only through oral sex. The authors hypothesized
835 that pharyngeal gonorrhea in the source partners allowed
N. gonorrhoeae and other commensal *Neisseria* to coexist and
acquire this mosaic [108], possibly aided by low concentrations
of cephalosporins in the pharynx.

840 If that hypothesis is correct, then the prevention of new
cephalosporin resistance arising might require focusing more
efforts on diagnosing and properly treating pharyngeal gon-
orrhoea. Some researchers have demonstrated that treatment
effectiveness for pharyngeal gonorrhea can be increased with
845 the use of more than one type of antimicrobial [178] or more
than one dose of cephalosporin [179]. Prevention and control
of cephalosporin resistance might also require modification of
current treatment practices making sure that pharyngeal gonor-
rhea is treated with ceftriaxone or multiple doses of an oral
cephalosporin instead of a single dose of oral cephalosporin.

850 However, controversy exists about the clinical significance
of pharyngeal gonococcal infections which are usually
asymptomatic and do not result in serious medical sequelae
such as infertility or pelvic inflammatory disease. At this point,
more research is needed to determine the role of pharyngeal
855 infection in the development of cephalosporin resistance.

8.2 Surveillance programs

860 Regardless of whether cephalosporin resistance is arising
anew or spreading from a few original resistant isolates,
surveillance systems are crucial to identify resistant infections
for intervention. These systems have already been shown to be
critically important in setting treatment guidelines. In the future,
these systems should especially focus on cephalosporins
and should probably monitor both ceftriaxone and oral
865 third-generation cephalosporin MICs. Unfortunately, most
sentinel surveillance systems have important inherent biases

such as including only men, usually only those with symptoms 866
who attend STD clinics. Such selection bias might result in
the emergence of resistance in other populations being over-
looked until resistance has already been established. This has
870 been seen in other sentinel surveillance systems such as for
resistant *Streptococcus pneumoniae* [180]. This was also observed
in GISP; the local prevalence of fluoroquinolone resistance
at nonsentinel sites sometimes differed substantially from
sentinel sites [129]. As such, these sentinel surveillance systems
875 might need to be augmented with additional testing of
nonculture specimens obtained from populations not typically
included. The use of molecular assays to monitor molecular
markers of resistance will probably be essential in that effort.
Because those assays are in development as research tools, their
880 results would necessarily have to be validated and confirmed,
but the cost of not developing and using these assays might
be that cephalosporin resistance develops and gains a foothold
before we know that it is present.

As has been seen in the past, resistant gonorrhea can be
885 spread by international travel [129,130]. As others have pointed
out [44,181], this makes international collaboration among
regional and national surveillance systems crucial. This
might be particularly true in regard to the surveillance of
the Western Pacific Region where resistance to cephalosporins
890 has already been seen, and from where resistance to other
antimicrobials has spread worldwide in the past.

Response to newly developed antimicrobial resistance in
the past has relied chiefly on the development of new anti-
microbials. We are now faced with the fact that we are
895 nearly out of options with no new promising alternative on
the horizon. Even if there were a new option in develop-
ment, without other intervention, resistance will no doubt
emerge again in the future.

Other pharmaceutical strategies could be considered. The
900 use of more than one agent to treat gonococcal infections in
order to prevent emergence and spread of resistance has
been suggested on the premise that mutations conferring
resistance to both agents would have to develop simultaneously;
an unlikely occurrence. There are some data to support the
905 increased efficacy of dual therapy in pharyngeal infections [178].
However, dual therapy is already occurring frequently in
order to treat simultaneously for gonorrhea and chlamydia
and might be playing a role in the spread of azithromycin
resistance. Additionally, critics have pointed out that this
910 approach adds costs and adverse events and is not likely to
halt the spread of an imported resistant isolate (the most
likely scenario for dissemination of resistance to developed
countries) [181,182]. Alternatively single-dose oral regimens
could be eliminated in favor of IM ceftriaxone or multiple
915 doses of an oral agent. However, these strategies must be
more completely studied and are likely to suffer from
increased costs, increased side effects, and would probably
adversely affect adherence with partner therapy.

Ultimately, success in preserving cephalosporins as a treatment
920 option for gonorrhea is possible but will probably not be easy

921 and will require a combination of approaches. More
 925 powerful than the gonorrhea-focused options discussed
 here are broader strategies to control and prevent sexually
 transmitted infections and to limit antimicrobial use world-
 wide. Sexually transmitted infection control and prevention
 is hampered by grossly inadequate global funding and
 political will, though there is always hope with new attention
 focused on STI prevention at the 2006 World Health
 Assembly [183]. A global program focusing on making
 930 antimicrobial use more appropriate with the aim of reducing
 antimicrobial resistance in all pathogenic organisms has been
 proposed [184]. Over the long term, these programs might
 take selective pressure off *N. gonorrhoeae*, but significant
 934 challenges exist.

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The use of cephalosporins for gonorrhoea: the impending problem of resistance

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