

MRSA/Staph 101

What is MRSA/Staph?

MRSA (pronounced "MER-SAH") is a type of Staph that sometimes needs special treatment. Staph is a germ that can cause skin rashes and sores.

How is MRSA spread?

MRSA is spread when your skin touches the skin of someone else with MRSA. It is also spread if your skin touches something that has MRSA on it.

What problems can MRSA cause?

The skin can become red, warm, swollen, and painful. There may be yellow fluid. It can look like a "spider bite." MRSA can also cause fever and chills.

MRSA can be treated. It is best to treat MRSA as early as possible. See reverse side

What should I do if I think I might have a MRSA infection?

See your doctor. If you don't have a doctor, call 415.206.5166 to find out where to go.

How can I protect myself from MRSA?

Just like always: • Keep your hands clean by washing with soap and water or using hand sanitizer/gel. • Keep cuts and scrapes clean and bandaged until healed. • Avoid sharing personal items such as clothes, towels, razors, or sex toys.

Where can I get more information?

Check out www.mrsasf.com or call 415.554.2830



www.sfcityclinic.org

www.stopaids.org

